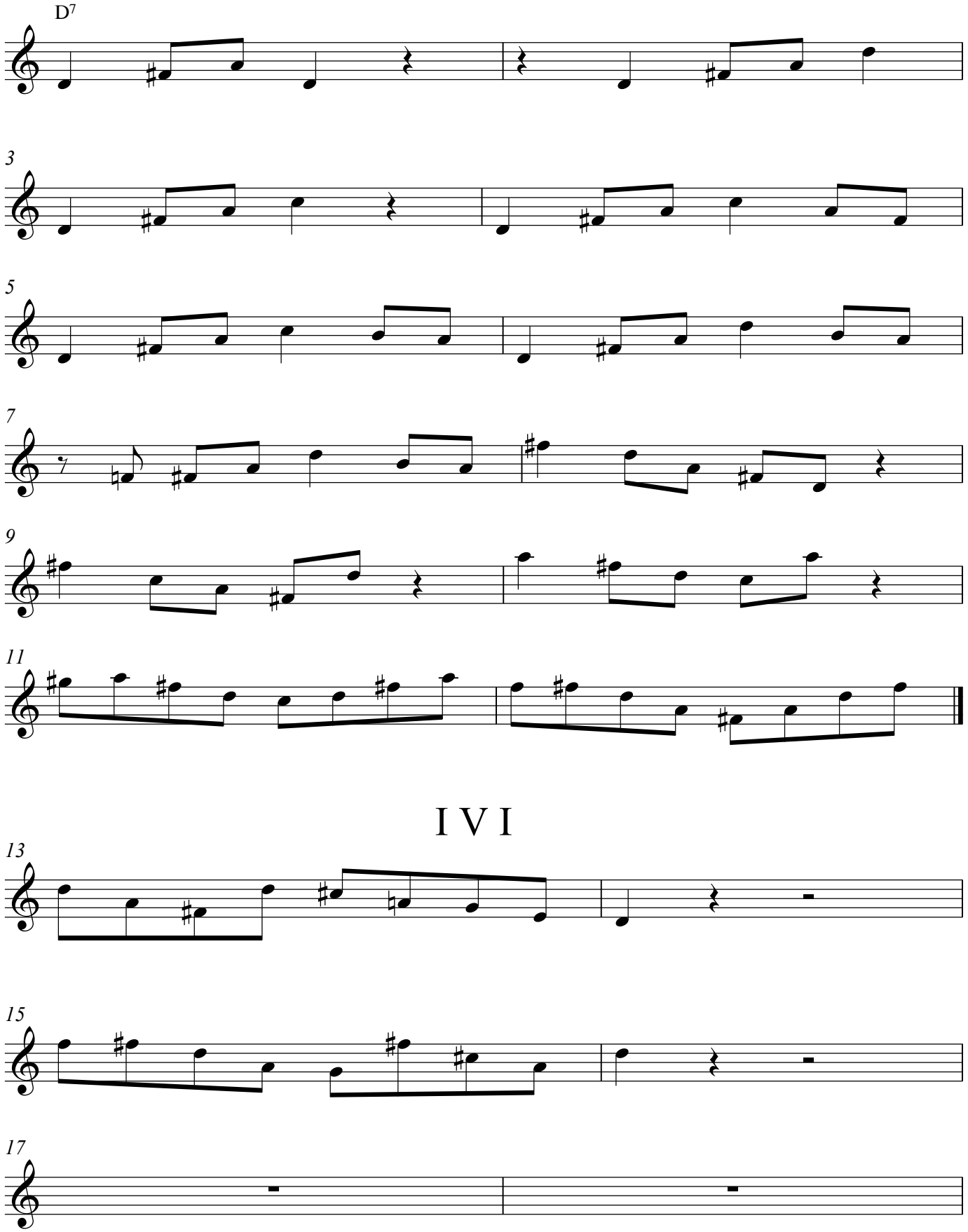Pratica gli arpeggi del blues